



Blacktown Women's and Girls' Health Centre Inc.

Annual Report
2015/2016

Accredited at
Certificate Level of the
Australian Service
Excellence Standards



Blacktown Women's and Girls' Health Centre Inc and North West Sydney Domestic Violence Court Advocacy Service

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Blacktown Women's and Girls' Health Centre Inc. (BWGHC) is a Public Benevolent Institution with DGR Status. Donations of \$2.00 and above are tax deductible. The Centre holds NSW Authority to fundraise: CFN/23808.

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BWGHC Annual Report for 2015/2016 compiled by Miranda Dunstan, Emily Mendoza and Christine Smith.

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Annual Report 2015/2016



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John Robertson Member for Blacktown presenting Jhan Leach Executive Officer with her Woman of the Year for Blacktown Award.

We are committed to providing a professional, affordable and holistic gender informed service promoting health, wellbeing and empowerment for women and girls, delivered in a caring, non-judgemental, respectful and safe environment.



About Us

Blacktown Women's and Girl's Health Centre Inc. (BWGHC) is a community-based, non-profit women's health centre which provides accessible health and wellbeing services for women and girls in Blacktown LGA regardless of their income. Our peak body is Women's Health NSW and we are part of a network of 21 community based women's health centres in NSW which share a similar mission and ethos.

OUR MISSION

We are committed to providing a professional, affordable and holistic gender informed service promoting health, wellbeing and empowerment for women, delivered in a caring, non-judgemental, respectful and safe environment.

We achieve this by:

- Providing a holistic women's health service to the community.
- Educating women and children so they can make informed choices about healthcare and well-being.
- Empowering women and children to make informed choices throughout their lives.
- Providing a safe place for women and children.
- Advocating for and supporting women from a feminist perspective.

OUR VALUES

We recognise that women's health encompasses the physical, spiritual, environmental, emotional and social wellbeing of women and girls. BWGHC offers a holistic approach to understanding, managing and supporting women, girls and the broader community in the Blacktown LGA to make informed decisions about their own health and wellbeing. This approach is based on feminist philosophy, with an emphasis on respect and empowerment for all women and girls. Our values are:

- **Dignity** – we treat all people in a way that is respectful of their diversity and as valued individuals.
- **Compassion** – in our interactions with people, we strive to be kind and empathic.
- **Optimism** – the unwavering belief in the positive potential inherent in people and society.

OUR SERVICE PRINCIPLES

- We are a community based, non-government organisation run by and for women.
- We are a public benevolent institution providing a direct service to disadvantaged women.
- We focus on prevention and early intervention.
- We work in partnership with other agencies.
- We are accessible to all women and girls.
- We strive to maintain ethical standards in all our activities.
- We are committed to best practice.
- Our work environment reflects our values.

Our Community

BWGHC provides health and wellbeing services to women and girls in Blacktown LGA, a 'huge and diverse' area with high levels of cultural and linguistic diversity¹.

Many areas of Blacktown LGA experience high levels of socio-economic disadvantage, poor health outcomes and high levels of unmet need when it comes to service provision³.

Our area is also experiencing rapid urban development and population growth and is now one of the most densely populated Local Government Areas in Western Sydney², further increasing the demand for services.

BWGHC takes into account the unique needs of our local community. We provide accessible services that take into account the social, cultural and economic barriers that may exist for women and girls wishing to access health services and resources in our area.





Chairperson's Report | Suzie Van Opdorp

Once again it is my pleasure to provide the Chairperson's report for Blacktown Women and Girls Health Centre (BWGHC). This is my fourth Chairperson's report for BWGHC. I can honestly and proudly declare that over this period of time the Centre has grown and achieved for the women of Blacktown. With current rates of domestic violence and the ongoing attacks on our health and welfare systems, a service such as ours has never been more important.

I commence my report by thanking and honouring the fabulous women that enable BWGHC to continue to be the centre of excellence in women's health and domestic violence response in the Blacktown Local Government Area.

I wish to extend my gratitude to Jhan Leach for her energy and fabulous leadership. Under Jhan's guidance the Centre is growing from strength to strength and this is evident from the variety of programs, services and partnerships that have been established since she arrived at the Centre. I would also like to thank Christine Smith for her steady hand and willingness to take on whatever needs to be done in the best interests of the Centre. I wish to acknowledge all of the staff who really make a big difference to the health and well-being of the many women and girls who use the Centre's services and facilities.

This year has been one of consolidation: consolidation of Jhan's leadership, consolidation of the team and consolidation of our activities and services, in particular, the Women's Domestic Violence Court Advocacy Service (WDVCAS). With the WDVCAS on board BWGHC is able to offer a seamless service to the many women (and their children) in our area that require support and assistance following domestic violence. Services cover the continuum from prevention, early intervention and responding to women who have experienced domestic violence.

We are fortunate to be members of the peak-body Women's Health NSW and to be part of a network of 21 women's health centres across the State. With our history and strategic positioning, women's health centres such as ours are ideally placed to provide the range of domestic violence responses required by women and girls. We have skilled and experienced staff, gender and trauma-informed programs and systems, a committed and aware management structure and relevant partnerships in the community which enable us to access and mobilise services when needed. We wish to see a greater investment in the prevention of, and response to, domestic violence and for this funding to be committed to women's health centres in NSW.

Of course the growth and development of the past twelve months would not be possible without a tremendous amount of hard work and commitment. In the background, away from public gaze, is the Management Committee whose responsibility it is to provide effective governance and ensure that the services, programs and policies of BWGHC meet current health and service standards. This is done effectively by volunteers. I wish to thank the other members of the Management Committee for providing governance of the centre over this period and for gently guiding and directing service direction, delivery, planning and growth.

It is important to acknowledge our community partners, including the Outer Western Domestic Violence Network, Family Planning NSW, the Western Sydney Local Health District, NSW Legal Aid and the Department of Family and Community Services, as well as the myriad of grass-roots services and their workers whom we work with on a daily basis to ensure that women and girls get the support they need.

In my final year as Chairperson of BWGHC I wish Jhan, the Committee and staff all the very best. I know the service is in excellence hands. I look forward to hearing about the wins, both big and small,

Following a very successful year, it gives me great pleasure to present our 2015 – 2016 Annual Report.

Suzie Van Opdorp



Treasurer's Report | Denele Crozier

2015-2016 has been a hard working year, successful and consolidating. Once again we finish the year in a strong financial position having achieved an expansion of service programs, an increase in staff, service location, community support and formalised partnerships. We take this opportunity to acknowledge and thank the Western Sydney Local Health District and Legal Aid NSW for our core recurrent funding and, for the second year in a row the amazing efforts of the local community to organise donations, financial and material, through high teas, raffles and racing to provide support and acknowledgement of the work we do.

A special big thanks to the Blacktown Local Police Area Command and Lander Toyota for their ongoing support. We also attracted some local grant programs. All in all we are pulling together to improve access and capacity of service delivery for women and girls in the Blacktown area thank you.

Once again the centre operated within its projected budget, we can meet our financial responsibilities when and if they fall due and we have received an unqualified audit, I commend these accounts to the membership.

Denele Crozier



Executive Officer's Report | Jhan Leach

I would like to thank our Chairperson Suzie Van Opdorp, our Treasurer Denele Crozier and the Management Committee for their excellent guidance, good governance and support over the past twelve months.

This year we were successful in our Tender with Legal Aid NSW for the North Western Sydney Domestic Violence Court Advocacy Service. We've developed a good working relationship with Michelle Jones who manages the Women's Domestic Violence Court Advocacy Program at Legal Aid NSW and Susan Peir and I'd like to thank them for their great support to myself and our team.

We've achieved solid progress this year with staff recruitment and development, team building, strategic and business planning, enabling our strong service growth.

I would like to thank our professional and dedicated staff, including our service partners, contracted and casual staff, our volunteers and students on placement. Their strong resolve has been to provide women and girls with a high standard and excellence in service delivery of health and domestic violence services and this has been achieved.

We have succeeded in partnering with a number of government and non-government organisations in the Blacktown and Hawkesbury Nepean Local Government Areas. I would also like to thank them for their support and dedication to women, girls, children and families in our community. I'd like to make a special mention of the Hon John Robertson MP Member for Blacktown who nominated me for the Blacktown Woman of the Year Award and the Blacktown Workers Club for nominating me for The Heart of the Community Award and Clubs NSW for nominating me for the Pride of Australia Award in 2016.

I'm really honoured and proud to represent our organisation as a result of these achievements.

Jhan Leach



BWGHC works in alignment with NSW Government Health Goals. The following is extracted from the NSW Health Framework for Women's Health:

Women's health priorities across the life stages

Goal

To deliver services and foster environments in NSW which help women to meet their physical, social and economic potential, by increasing opportunities for women to be healthy at every stage in their lives and preventing avoidable detrimental health outcomes such as chronic disease.

Purpose

To identify health needs particular to women (whether biological or social); to deliver appropriate healthcare and health-promoting services; and to monitor the impact of interventions on groups of women at most risk of poor health.

Approach

The framework focuses on issues where the detrimental health impact is disproportionately experienced by women, or where the response is different for women than for men. The framework places women at the centre of decision making for their own health and acknowledges women's health is impacted by many factors including housing, rural living, employment and access to services.

As health outcomes are influenced by the cumulative effect overtime of social determinants, a life stage approach is used to structure opportunities for enhanced delivery of services and programs.

Values

NSW Health's CORE values are the guiding principles for implementation of women's health strategies.

**The CORE values are:
Collaboration, Openness,
Respect and Empowerment.**

Priority populations

While the Women's Health Framework is for *all* women, it is recognised that there are certain population groups which experience poorer health and/or due to their circumstances may require focused attention to better address their health needs. Examples of priority populations in women's health include:

- **Aboriginal women**
- **Women from culturally and linguistically diverse communities, migrant and refugee women**
- **Women who are socio-economically disadvantaged**
- **Women with disability**
- **Women who are primary or secondary carers for other people**
- **Women who experience violence (sexual, domestic and family violence)**
- **Women living in rural and remote areas**
- **Lesbian, bisexual, trans-gender and inter-gender women.**

These priority populations are similarly identified by the National Women's Health Policy. Working to advance women's health also requires working with the communities in which women live.

Partnerships

Improving health outcomes for all women will require an across-government and multi-sectoral approach. NSW Health has funded a range of community-based services supporting women's health and arrangements for evidence-based service delivery will remain important into the future. As well, agencies will need to build strategic partnerships with other organisations which are not funded by the health system. This framework identifies the partnerships between NSW Government agencies which contribute to the infrastructure, services and programs supporting women's good health.

Source: NSW Health Framework for Women's Health, 2013



Quality, Innovation, Performance

BWGHC is accredited at Certificate Level of the Australian Service Excellence Standards (ASES). Since receiving accreditation, the Centre has continued to upgrade systems and processes, in order to meet ongoing improvement targets for internal processes and strengthening our operational policies and procedures, including recruitment, employment, financial and organisational management.

Meeting High Demand

BWGHC has undergone important changes during this financial year. We have improved our Centre's facilities, and continued to expand our capacity to meet high demand for services.

We have also employed additional staff to meet the continuing high demand for our counselling and case management services and for the North Western Sydney Domestic Violence Court Advocacy service.

Improving Effectiveness

BWGHC has taken an efficient and consistent approach to managing the continuing high level of demand by new clients for counselling and case management, including the growing demand for domestic violence and crisis response.

This year we were successful in our Tender with Legal Aid NSW for the North Western Sydney Domestic Violence Court Advocacy Service. We've developed a good working relationship with the Women's Domestic Violence Court Advocacy Program at Legal Aid NSW. We've achieved solid progress this year with staff recruitment and development, team building, strategic and business planning, enabling our strong service growth.

Providing child minding for our Doctor and Nurse clinics has enabled many women to comfortably attend appointments. Our health promotions and early intervention group program has brought the Centre into new partnerships with local organisations and agencies, and provided women and girls with useful ways to address issues such as physical health, mental health and social wellbeing, regardless of age or cultural background.

The BWGHC **Women's Girls' and Children's Emergency Fund** was developed in response to the needs of women fleeing domestic violence, and has been supported with a NSW Clubs Grant from Blacktown Workers Club. During the next 12 months, this important fund will continue to provide practical assistance for women, girls and children in crisis and at risk of homelessness.

The BWGHC Reception team, the first 'point of call' for clients, received between 20 – 40 calls a day.

Over ten per cent of the calls were complex or crisis related, requiring sound knowledge of referral pathways and appropriate services, internal and external, for the woman or girl calling.

Meeting NSW Health Requirements

BWGHC continues effectively quantitatively recording and measure our performance in all areas through our Key Performance Indicators (KPIs), which were developed in consultation with NSW Health to meet their requirements and provide a consistent framework for monitoring and evaluating performance.



Blacktown Women and Girls Health Centre Inc. provides affordable, accessible and multi-disciplinary services to girls and women across their lifespan, particularly focusing on vulnerable population groups.

Our services target key health issues impacting women and girls, including sexual and reproductive health, mental health and wellbeing, domestic and family violence, and chronic illness and disease.

As a community health organization, BWGHC aims to operate as a 'one-stop shop' delivering integrated care to women and girls with complex needs and those who do not readily engage with health services. Services are free or low-cost. No woman or girl is turned away due to inability to pay.

BWGHC Services

- **Women's Domestic Violence Court Advocacy Service:**
North Western Sydney Women's Domestic Violence Court Advocacy Service (NWS WDV CAS)
- **Counselling** (Counselling support for women and girls to assist in dealing with trauma, stress and personal issues both immediate and long-term)
- **Case Management** (Consistent co-ordinated support for women and girls with complex needs)
- **Women's Health Nurse Clinic** (Free education, information, breast checks and more)
- **Naturopathy and Nutrition**
- **Remedial Massage Therapy**
- **Art Therapy**
- **Health Promotion and Community Outreach**
- **Early Intervention and Health Promotion Group Program**



Children and young people were among those who attended Vigils on the Blacktown Village Green for local women killed due to domestic violence.

BWGHC Services: In-House Partnerships

Our strong partnerships with other organisations help us to provide relevant, appropriate and responsive services to women and girls in our local community. The following services are provided onsite at BWGHC through our community partnerships:

- **Sexual and Reproductive Health Doctor and Nurse Clinics:** Family Planning NSW
- **Domestic Violence Counselling:** specialist outreach counsellor from the WASH House provided by Gold Crest Security for the Outer West Domestic Violence Network (OWDVN)
- **Specialist Counsellor, Victims of Crime:** Ros Leahy, Specialist Counsellor Victims of Crime for the NSW Attorney General's Department
- **Early Childhood Health Clinic:** Early Childhood Nurses from the Western Sydney Local Health District
- **Legal Support:** Women's Legal Services NSW (WLSNSW) Solicitors
- **Indigenous Women's Legal Support:** Indigenous Women's Legal Program (WLSNSW)
- **Staying Home Leaving Violence:** specialist outreach worker from the WASH House
- **African Women's Health And Support Organisation (AWHASO):** regular outreach, meetings and information forums hosted by BWGHC
- **Australian Breastfeeding Association:** regular information and support meetings held at BWGHC
- **Relationships Australia:** Women's Choice and Change Group Program



Early Intervention and Health Promotion Group Programs (2015/16 FY)

- Art Therapy: “Healing Group” (at Riverstone Community Centre)
- Art Therapy: “Beyond Place Beyond Words” (CALD Women’s Group, at Glenwood Sikh Community Centre)
- Art Therapy: “My Power My Potential”
- Art Therapy: “Threads: Trauma Healing: Recovery, Empowerment and Discovery of Self”
- Australian Breastfeeding Association (Blacktown) group
- AWHASO African Women’s Health & Support Organisation: Mental Health and Wellbeing, and Healthy Family Relationship forums
- Changing Lives: Keeping Your Balance (CALD Women’s Group with NSW Health Bilingual Cultural Educator)
- Circle of Security (Parenting Group with Relationships Australia)
- Core Strength Exercise Group
- Core for Beginners Exercise Group
- Crystal Bowl Meditation
- Gentle Exercise To Music
- Girl Talk Drop-In Group (Sexual and Reproductive Health for Young Women)
- Healthy Me Girls’ Group
- Living With Choices: Self Esteem Group (with NSW Health Bilingual Cultural Educator)
- Meditation and Guided Relaxation Group
- Mindfulness and Acceptance Based Anxiety Group
- Natural Wellbeing (Diet and Nutrition Group)
- REACH Group for Women with Mood Disorders (with CatholicCare)
- Relaxation Meditation (CALD Women’s Group)
- “Your Self Esteem” Workshop for Women
- SHAPE (Sessions for Health and Physical Exercise) Diabetes Group
- Talking Health: Contraceptive Choices
- Talking Health: Eating for Health and Life
- Talking Health: Continence
- “Understanding and Challenging Bullying” Parenting Workshop
- “When Kids Muck Up” Parenting Workshop
- Women’s Health Group (Dari Speaking Women, with NSW Health Bilingual Cultural Educator)
- Women’s Choice and Change (with Relationships Australia)
- Women’s Wisdom Circle (Mental Health Resilience Building Group)
- Yoga for Stress Management

Accessible and Culturally Responsive Services

During the 2015-2016 Financial Period, BWGHC provided culturally responsive services to women and girls from culturally and linguistically diverse backgrounds. Clients were provided with a free interpreter when needed, either onsite or via the Telephone Interpreter Service (TIS).

BWGHC continued to develop and strengthen interagency and community partnerships.

These partnerships allow BWGHC to benefit from the expertise of organisations which work closely with culturally diverse community groups to provide culturally responsive services including referrals, events and resources.

Blacktown Women’s and Girls’ Health Centre hosted regular outreach meetings by the African Women’s Health and Support Organisation (AWHASO).

We partnered with SydWest Multicultural Services and other local agencies and organisations to deliver an International Women’s Day Community Celebration. We worked with Brighter Futures and other agencies to deliver a Children’s Week event and presented an art therapy group for women at the Glenwood Sikh Temple community rooms.

We delivered outreach programs for Indigenous women and girls onsite at Ngallu Wal Aboriginal Child and Family Centre and other community organisations.



During the financial year 2015-2016, we delivered **5292** client contacts.

A total of **3676** women and children attended appointments.

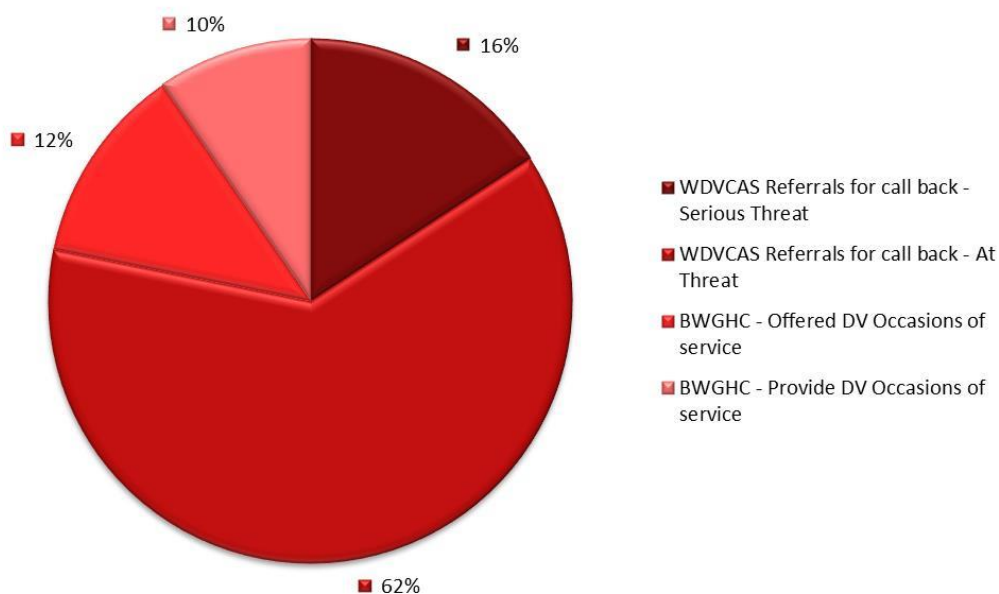
More than **1927** women and children attended workshops, classes, activities and programs.

A total of **6060** women contacted the centre for referral, information and crisis support.

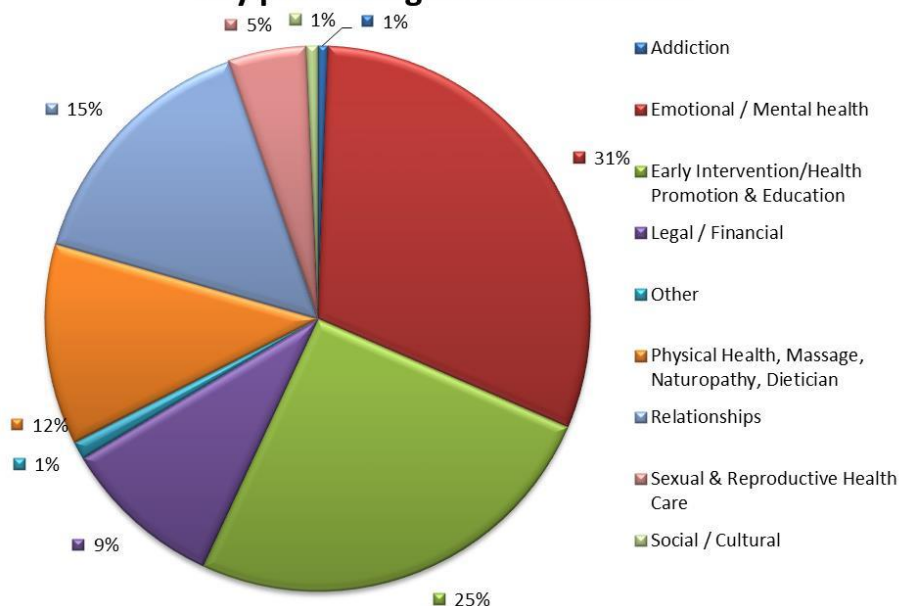
We organised and delivered **493** planned health promotion activities, which were attended on **5470** occasions.

We developed and delivered core services to meet the needs of our clients, the majority of whom were affected by domestic and family violence including childhood abuse and neglect.

Domestic Violence Occasions of Service



Key presenting issues 2015-2016





Annual Report 2015/2016

About us

North West Sydney Women's Domestic Violence Court Advocacy Services (WDVCASs) is one of the 28 services of the Women's Domestic Violence Court Advocacy Program providing a holistic service to women across NSW experiencing domestic violence. We provide information and support, referral and advocacy to women to obtain effective legal protection from NSW Courts through the application of Apprehended Domestic Violence Orders (ADVO's)

NWSWDVCAS provides assistance at both Blacktown and Windsor Courts

Funding: NWSWDVCAS is funded by Legal Aid NSW

Our Team

The NWSWDVCAS team consists of:

Co-ordinator

Kerry Kent

Assistant Coordinator

Janet Esteban

Multicultural Specialist Worker

Belinda Ryes-Corral

Aboriginal Specialist Worker

Eleisha Krix

Court Advocacy Worker

Kessel Ryes- Corral

Administration Assistant

Katherine Porter



Kessel, Kerry, Janet, Kathy and Belinda.



Co-ordinator's Report | Kerry Kent



The past twelve months have seen many changes for the NWSWDVCAS including Blacktown Women's and Girls Health Centre successfully tendering to become our new Service Provider.

NWSWDVCAS has welcomed some new workers to the service as well as retaining some of the original staff.

I would like to acknowledge and thank our dedicated and professional team for their commitment to deliver a consistent high quality service to all women and children who are experiencing domestic violence.

I would also like to thank the professional and dedicated staff of Blacktown Women's and Girls' Health Centre for their ongoing assistance and support.

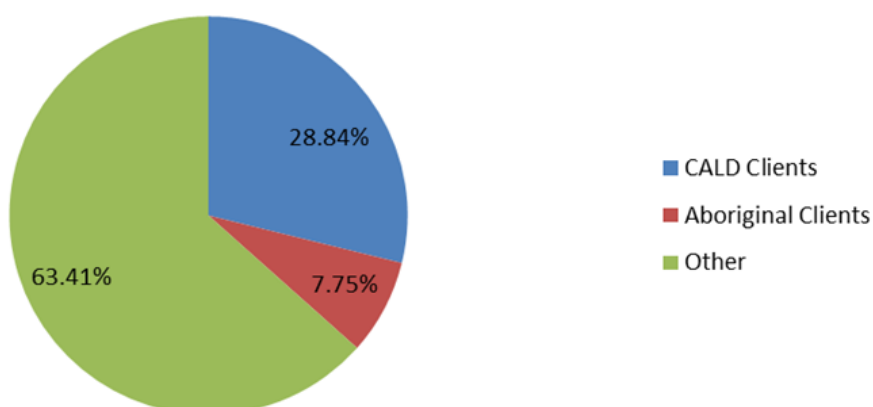
I particularly would like to thank our Executive Officer Jhan Leach for her unwavering support and guidance over the last twelve months.

And a final thanks to the Management Committee for their governance and support.

Kerry Kent, Co-ordinator

Our Clients at NWSWDVCAS

**NWSWDVCAS Cultural background of clients
2015/2016**





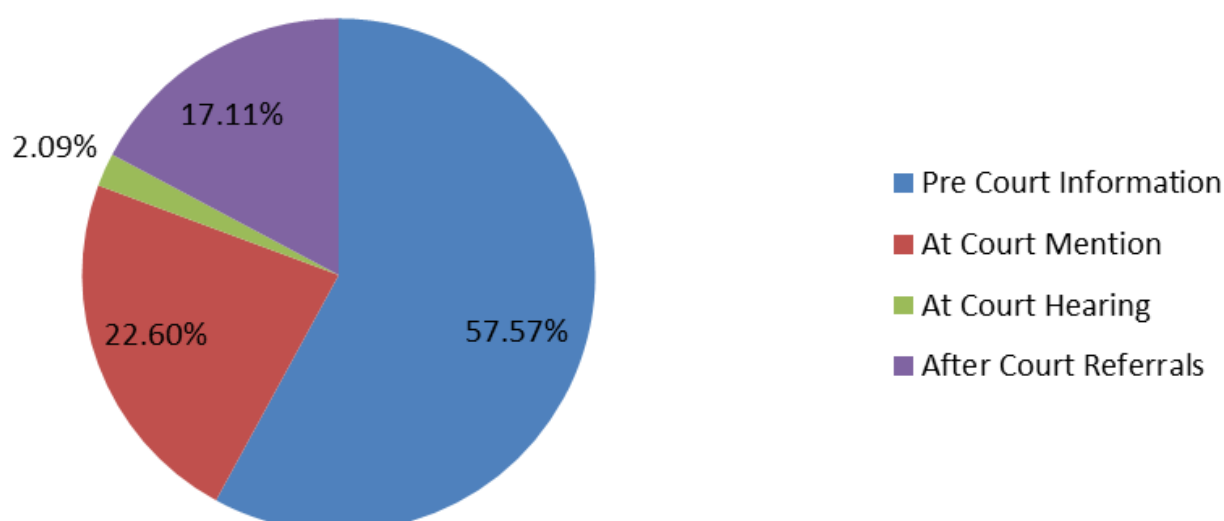
Our Services

NWSWDVCAS deliver the following services to women and children experiencing domestic violence:

- **Information** - Provide clients with legal information about the court process. Assist women and children to obtain Apprehended Domestic Violence Orders (ADVOs) that are appropriate to their individual needs and that they understand
- **Assistance and referral** - Making referrals to a broad range of service providers including counselling, legal, financial, accommodation, health, family services and Victims Services according to the woman's needs
- **Court advocacy** - Advocating on behalf of clients to support them in obtaining the best possible court outcome and support from other community and government agencies.

WDVCAS can work with women before court proceeding, at court and after court.

Services Provided by NWSWDVCAS 2015/2016



Working relationships with key Partners



NWSWDVCAS work in partnership with their key partners to provide effective services and positive outcomes for our clients. NWSWDVCAS work with these agencies to develop effective strategies in delivering domestic violence services.

Our key partners include:

- NSW Police from Blacktown, Quakers Hill and Hawkesbury Local Area Commands (LAC's). Working closely with the Domestic Violence Liaison Officers (DVLO's) and Police Prosecutors.
- Local court staff at Blacktown and Windsor Courts
- Legal Practitioners
- Other non-government and government organisations.

These working relationships are important not only in ensuring NWSWDVCAS receive and are able to make effective client referrals but also ensuring the effective and efficient operation of the court process and positive client outcomes.

Police

NWSWDVCAS has an excellent working relationship with the Domestic Violence Liaison Officers (DVLO's) at Blacktown, Quakers Hill and Hawkesbury Local Area Commands, these strong partnerships between the NWSWDVCAS and Police are essential and allows all concerned to achieve the best outcomes for our clients.

We wish to acknowledge and thank these DVLO's for their dedication and support.



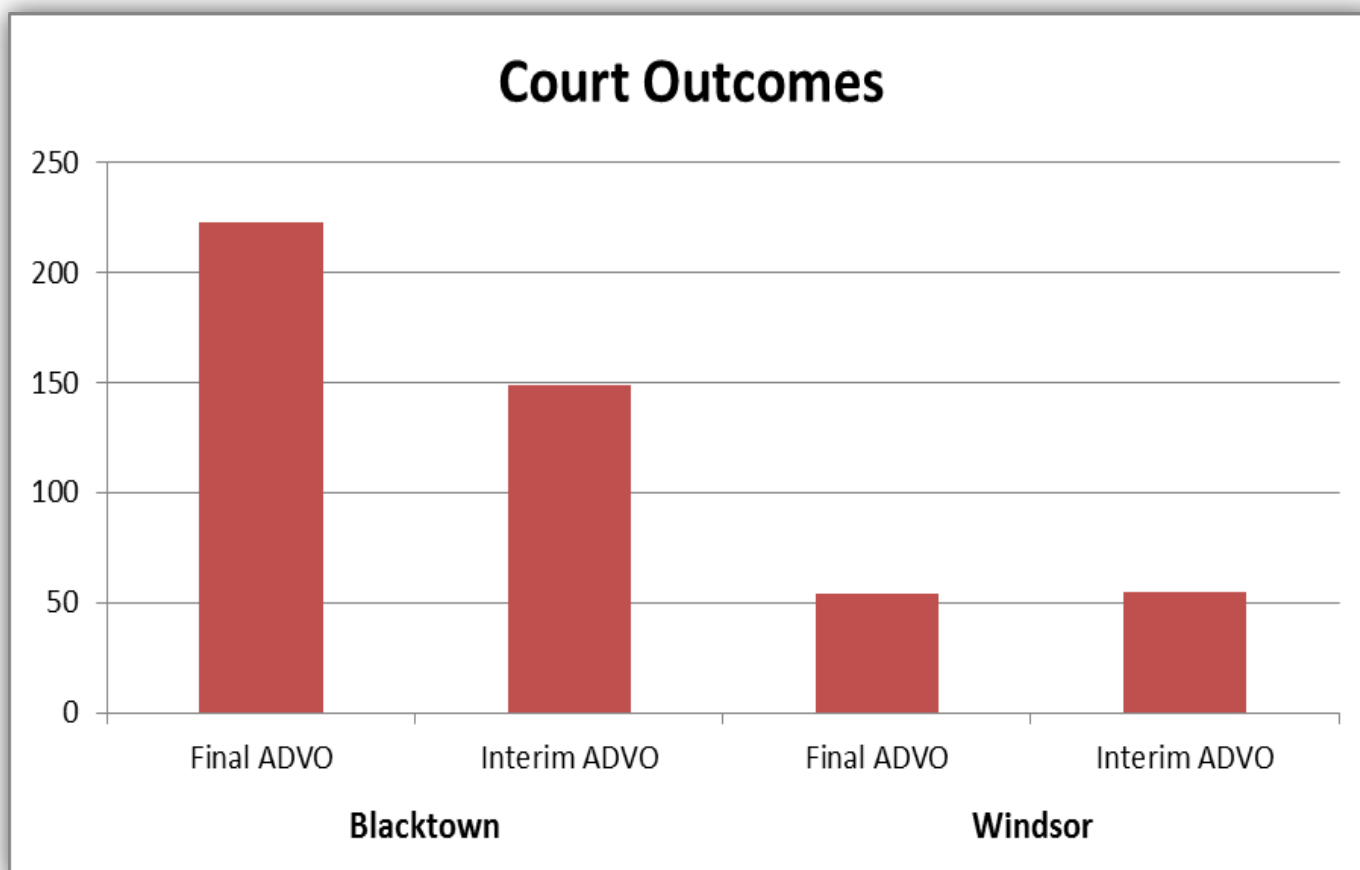
Pictured at left, Blacktown Area Local Command Police officers, DVLO Senior Constable Genelle Warne, Blacktown LAC Commander Gary Merryweather, DVLO Constable Jenah Butler.



Local Courts Blacktown and Windsor

The partnerships developed between the Court staff both at Windsor and Blacktown Local Courts over the years continues to allow us to provide and maintain best practice service provision for our clients thereby enabling NSWWDVCAS to obtain the best possible outcomes for our clients.

We would like to thank all Court Staff and Sheriffs at both Blacktown and Windsor Courts.



Seconded Workers

NWSWVDCAS have established a roster of trained social welfare professionals that are drawn from local Blacktown and Hawkesbury community agencies that commit to participate on a monthly roster at Blacktown and Windsor Courts. All seconded workers receive WDVCA training through Legal Aid.

We wish to acknowledge and thank all the services and their workers, for their valuable support, as their presence in the safe room at court often allows for smoother referral pathways and assists clients directly and in an effective way.



Working relationships with key Partners

Legal Aid NSW Domestic Violence Practitioner Scheme (DVPS)

The Domestic Violence Practitioner Scheme (DVPS) provides duty Solicitors to the NWSWDVCAS at both Blacktown and Windsor Local Courts on AVO list days to represent NWSWDVCAS clients in private AVO applications at mention and hearing.

They also provide legal advice to clients regarding AVO's, family law, debt and victim's compensation. The DVPS Solicitors also advocate and represent female clients who have become Defendants in an ADVO Application. This is an invaluable service for our clients and we would like to acknowledge the hard work and dedication shown to the many women and children who pass through our Safe Rooms.

Police Prosecutors Clinic

NWSWDVCAS is involved in the Police Prosecutors Clinic at Blacktown Court in partnership with the Blacktown Police Prosecutor.

The DV clinic is held twice a month at Blacktown court for women victims who are attending hearings at Blacktown Court.

The DV clinics assist clients to eliminate any concerns they may have by educating them in the court procedures and provide information necessary to prepare clients for giving evidence at their hearing court matters.

NWSWDVCAS would like to thank the Blacktown Police Prosecutor for their dedication and support in assisting clients to have an improved understanding of the ADVO and criminal Justice process.

Blacktown and Hawkesbury Outreach in partnership with Riverstone Neighbourhood Centre

NWSWDVCAS has had an outreach service in Riverstone in partnership with Riverstone Neighbourhood Centre.

This outreach service has allowed women and children looking for support with their ADVO matter that reside in the Hawkesbury LGA to access a worker at Riverstone.

NWSWDVCAS would like to acknowledge and thank Riverstone Neighbourhood Centre for their ongoing support.



Our Community

NWSWDVCAS is involved in community education to raise awareness of the issues involved in domestic violence and its impacts on individuals and the wider community.

NWSWDVCAS has attended the following community and interagency events during this financial year:

- Outer West Domestic Violence Network
- Hawkesbury Action Network Against Domestic Violence
- Blacktown Demonstration Site Local Working Group: Reducing Domestic Violence Reoffending
- Blacktown Mt Druitt Migrant Interagency Meeting
- Staying Home Leaving Violence (WASH House)
- Blacktown Police Interagency Meeting
- Domestic Violence Liaison Officers Meetings

Court Users forum

- Blacktown and Windsor Court

Panels

- Iceberg: The Power to Challenge the devastating effect of domestic violence

Events

- Say NO to Domestic Violence Charity Race
- Day Sorry Day Candlelight Vigil
- Sydwest Open Day
- Domestic and Family Violence Forum – Seven Hills (The Hon Pru Goward MP)
- Sorry Day, Race Day and Blacktown Festival
- Blacktown Festival - Blacktown United Against Family Violence union
- National Sorry Day Presentation BWGHC
- Greenway Domestic Violence round table with Senators Marise Payne and Michaelia Cash

Under the 'It stops here' Safer Pathway

- **It stops here** is a whole of government initiative

Safer Pathway aims to provide domestic violence victims with a coordinated streamlined response, with a particular focus on victims at serious threat.

The purpose of Safer Pathways is to intervene at the earliest opportunity to ensure victims have access to support services to secure their safety. The key components of Safer Pathway are:

'It Stops here' and NSWWDVCAS

- WDVCSs are involved in 2 significant aspects of 'It Stops Here'
 1. They host the Local Coordination Points and Safety Action Meetings. The rollout of Safer Pathway commenced in September 2014. Blacktown and Quakers Hill Local Area Commands will roll out in November 2016.
 2. They receive electronically via the CRP, referrals from NSW Police and local courts for women who are victims of domestic and family violence. This commenced state-wide on July 1 2015 under the DVJS.



North West Sydney WDVCS look forward to becoming an LCP and being part of this great new initiative to keep women safe.



During the financial year we worked in partnership with peer agencies and funders to deliver specialist services in alignment with NSW Health priorities. We also delivered a range of presentations and activities on priority health and wellbeing topics.

NSW Health Priority: Violence

Our trauma-informed case management and generalist counselling services worked primarily with local women whose health, wellbeing and safety was being negatively affected by issues associated with domestic and family violence.

Women were provided with support and practical assistance to ensure the safety and wellbeing of themselves and their children, and linked as relevant to our wellbeing activities and local services.

*"You may feel weak, but inside you is the strength to leave, inside you is the strength to overcome and achieve what you deserve." Sharon**

NSW Health Priority: Lifestyle-related chronic disease

During the year the Centre worked with a Bilingual Community Educator from the Western Sydney Local Health District to run a popular Diabetes group for women from CALD communities.

Our registered women's health nurse and naturopath/nutritionist worked to support women with lifestyle related chronic disease, including issues associated with obesity.

Our exercise and movement groups, such as yoga, have also given women and girls the opportunity to address chronic illness through exercise, as well as become linked with other services offered by the Centre's multidisciplinary team.





NSW Health Priority: Nutrition and physical activity / healthy weight

This year the Centre has worked with qualified local fitness trainers to introduce two exercises classes during which clients can obtain personalised attention.

These classes are suitable for women of all ages and levels of fitness and ability, whether they have undertaken an exercise program previously or not. Our registered women's health nurse and naturopath have also instituted a series of free health talks which include diet and nutrition related topics, including healthy weight.

Through our new partnership with Oz Harvest, the Centre has also been able to provide clients with access to fresh fruit and vegetables on a weekly basis, assisting between 14 and 20 families each week with food support.

NSW Health Priority: Reproductive and sexual health

The Centre works with Family Planning NSW to run two clinics every Wednesday where women and girls can attend for a full range of reproductive health care, including pap tests, breast checks, hormonal treatment, contraceptive advice and prescription, and menopause care.

This year the Centre worked with WentWest (Medicare Local) and Pap Text to run a very successful "Paps for Pashminas" promotion, during which women who had a pap test at one of the regular Family Planning NSW Clinics.



NSW Health Priority: Mental health and social wellbeing

Our generalist and specialist domestic violence counselling services worked collaboratively with caseworkers and other members of the interdisciplinary team within a biopsychosocial framework to support women, girls and children with experiences of domestic and family violence including childhood trauma, to heal and recover from loss, grief and interrelation trauma.

Our team visited Blacktown Hospital's Forensic Unit and worked with the Hospital's Crisis Mental Health and Maternity Unit teams to provide professional, effective support for clients and their families. The Centre accepted referrals from local medical practitioners, social workers within the health system and independent psychologists to support women, girls and children in crisis or with long term needs.

As part of our ongoing health promotion and early intervention groups program, members of the Centre's interdisciplinary team also developed groups which focussed on using mindfulness as a tool for dealing with anxiety and for developing healthy and empowering behaviours. The Centre also hosted the innovative REACH program, a Black Dog Institute partner program, for women with mood disorders.



NSW Health Priority: Screening

Weekly women's health clinics were provided by our contracted clinicians, Family Planning NSW, to provide pap tests, breast screenings and checks for sexually transmitted diseases. With cervical cancer an issue for local women at a higher level than in other regions, our registered women's health nurse worked with WentWest (Medicare Local) and Pap Text to develop the popular Paps for Pashminas program, which offered incentives for women having a pap test at one of the Centre's Family Planning clinics.

NSW Health Priority: Tobacco, drugs and alcohol

Our registered women's health nurse and generalist counsellors worked with women and girls to identify addictive behaviours and associated issues such as anxiety, providing support and appropriate linking with specialist counsellors and agencies, after a thorough initial casework assessment. A counselling team member worked with ACAP post-graduate placement students to develop a group program supporting women with anxiety issues through acceptance based mindfulness techniques. Clients with addictive behaviours and associated issues were also able to receive support from our registered women's health nurse and through a group program which offered relaxation, stress management and mindfulness as core elements.





Community Priority: Aboriginal women's health and connections with the land



Karen Fernando

My name is Karen, I'm an Indigenous woman studying my final semester in a Masters of Art Therapy through Western Sydney University. My engagement in Blacktown Women's and Girls' Health Centre has been focused on running art therapy groups with a diverse range of women who are experiencing domestic violence, trauma, mental health and other presenting issues relating to their health and wellbeing.

The art therapy groups are run within a therapeutic space that is safe and supportive where women are given the opportunity to use the art materials through a creative process in order to communicate their feelings, emotions and conflicting issues that they might want to work through, the art therapy processes enable women to express themselves in a verbal and nonverbal way of communicating which bridges new ways of understanding and building insight reflecting their

conflicting issues, problem solving and being able to bring about positive change, personal growth and healing.

Using the psychotherapy approaches within art therapy groups it's given me the chance to build upon more of understanding of the therapeutic relationships and further learning to the group dynamics as well as working with a range of diverse issues that clients might present within including to the multilayers of narratives being told within therapy, as to being the facilitator and witness of the art making processes it given me many insights of the client's world and to the situations that they are facing.



Kessell and Belinda at the Blacktown Council 2016 Sorry Day event.

My experience of being a student on placement through Blacktown Women's and Girls Health Centre provided me with a vital opportunity to work alongside our new partnership with Blacktown City Council, as to our engagement we become involved with organising and collaborating through attending meetings and contributing to the project in holding the National Sorry Day Event in Blacktown which occurred back in July this year. I become a representative for Blacktown Women's and Girls Health Centre by being able to integrate the use of art therapy through holding a workshop that was aimed at engaging our community to be a part of celebrating and recognising those from the Stolen Generation, by linking in the art therapy process into the event it did enable a space for sharing and explore the use of art as a communicational tool towards strengthening our culture, identity and working towards the healing processes reflecting the impacts of the Stolen Generation.



Whilst being involved with the project it's given me insights into the background functions and operations to how to run such an event including all tasks involved and to working with a diversity of people that was a delightful experience to learn from.

During the Sorry Day planning, I met an inspiring Indigenous women named Dixie Link-Gordon who I found to be a remarkable women of great strength, passion and drive to supporting Indigenous women's rights, as to hearing Dixie's story it encouraged me to follow on and empower other women to finding their potential to rise up and have a voice to their stories which can contribute to other women and can be passed down onto the next generation.

As to my engagement as a student at Blacktown Women's and Girls, I decided to become a part of the Committee as a Member because I wanted to learn more about the management side of our organisation which has given me more in-depth knowledge and experience over the past year.



Karen with Yasmine from Indigenous Women's Legal Program at the Centre.

*An
original
artwork
by
Karen.*





During the financial year the Centre has worked in partnership with peer agencies, local police and community services and funders to deliver specialist services in alignment with priorities identified within our community, including domestic violence.

Community Priority: Promoting empowerment and resilience in girls and children

Working with other local agencies including Brighter Futures, the Centre was involved in NAPCAN's Children's Week activities, promoting community awareness of our services and linking with agencies specialising in children's services.

Staff members and placement students have received in-service training from agencies such as the NSW Department of Community Services, the Family Referral Service and ACT for Kids to enable the development of solid referral pathways.

A multidisciplinary team from the Centre developed two programs for high school age girls which focussed in age appropriate ways on building healthy relationships, sexual and reproductive health issues, self-empowerment, protective behaviours, personal growth and development and the healthy expression of feelings. These popular programs were attended by girls from a range of ages and cultural backgrounds.

Graduate placement students worked with members of our multi-disciplinary team to offer groups utilising creative expression therapy to students at primary and secondary school level, as well as younger post-school girls.

The Centre also offered a no appointment needed approach to encouraging students to visit the women's health clinics on Wednesdays or to see our registered women's health nurse.

The Centre hosts an Early Childhood Clinic every Monday, with nurses from the NSW Health Doonside Community Health Centre providing professional assessment and referral for children 0 – 5 years. The Australian Breastfeeding Association Blacktown group also meet at the Centre up to eight times per year, utilising the Children's Cottage and play area for their meetings

*"I love the friendly open atmosphere where I can speak my heart and have the chance to be heard without feeling invisible" Praveen**

Community Priority: Emotional wellbeing

Among our range of services, the Centre's Art Therapy program has long been an integral part of our community informed and responsive group program. This year, Art Therapists, including graduate placement students, have worked with women and young people to use creative expression as a therapeutic tool for developing safe and healthy emotional expression.

Art therapy has proven a popular and useful part of groups providing support and health promotion for primary and secondary students and post-school girls, women from the local Sikh community who completed two large murals expressing their therapeutic journey, which are now on display in the Centre, and Indigenous women who participated in outreach groups at Riverstone Neighbourhood Centre.

Counselling and case management team members have worked with art therapists to develop innovative approaches to working with young women and girls, and art therapy was an important part of a program run in conjunction with the Blacktown Youth Services Association (BYSA), which also involved participation by our registered women's health nurse.



Staff and Personnel

BWGHC employs permanent and sessional/casual staff as required and also provides students with placement opportunities. BWGHC also receives invaluable assistance and support from our volunteers. Personnel are accountable to the Executive Officer, Jhan Leach, who reports to the Management Committee.

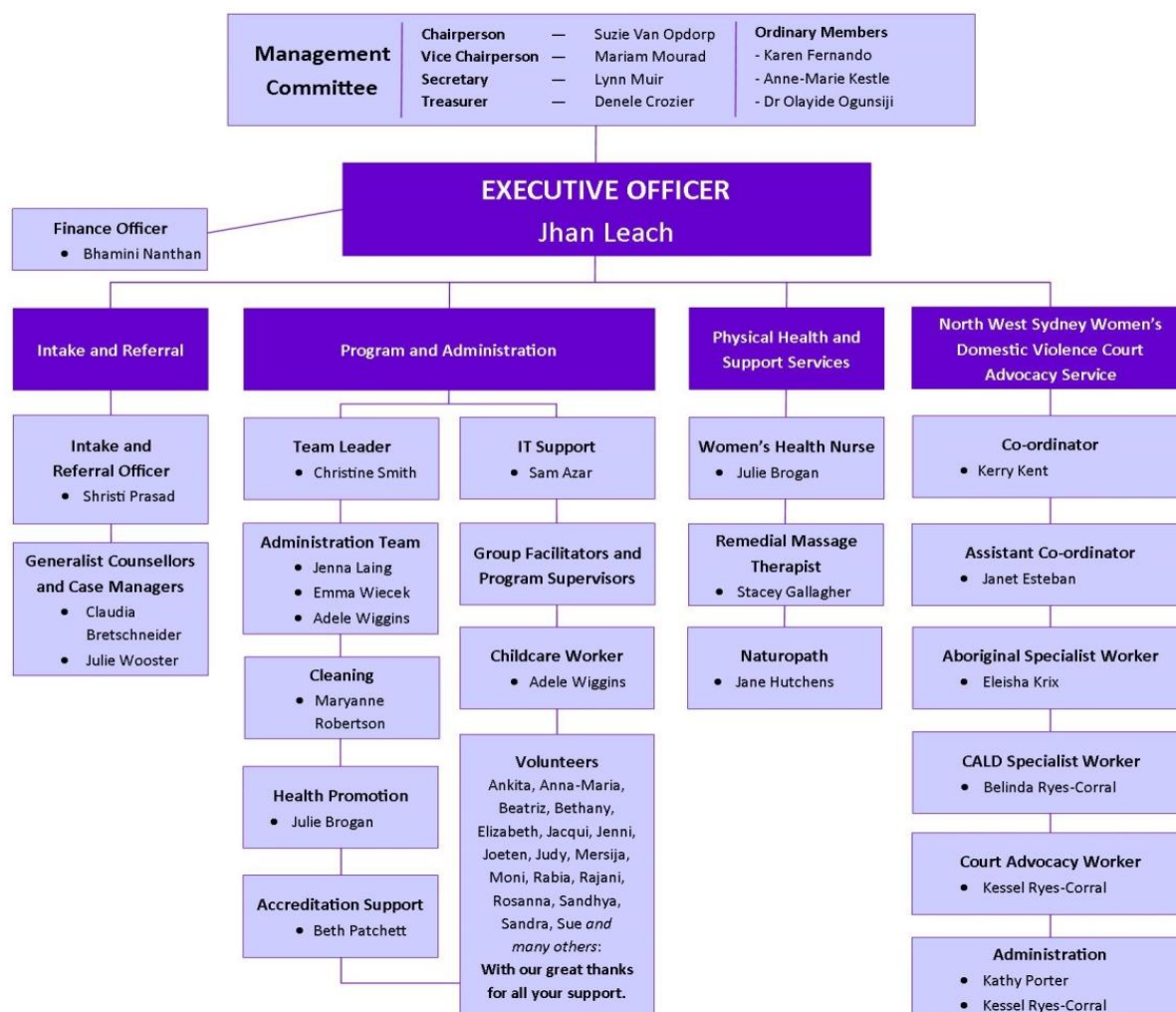
Management Committee

BWGHC is an Incorporated Association which is governed by a Management Committee made up of women committed to advancing the health priorities of women, girls, children and families living in our local community. The Management Committee is structured and operates according to the Rules of Association, and consists of the Chairperson, Vice-chairperson, Secretary, Treasurer and Ordinary Members.

Funding

- NSW Department of Health, as administered by the Western Sydney Local Health District
- Legal Aid New South Wales.
- Additional sources of funding are sought, and provided via grant applications, community donations and strategic partnerships with other organisations.

Blacktown Women's and Girls' Health Centre Inc and North West Sydney Women's Domestic Violence Court Advocacy Service



We're Building Key Partnerships



We would like to thank our following key partners:

- MOU with **Women's Health NSW** to manage the Women's Health Database.
- MOU with the **Western Women's Health Consortium** including sister centres **Penrith Women's Health Centre**, **Bathurst Women's Health Centre**, **Blue Mountains Women's Health and Resource Centre**, **Cumberland Women's Health Centre** and **Liverpool Women's Health Centre**.
- MOU with the **WASH House** providing specialist Domestic Violence counselling in negotiation with the **Outer Western Domestic Violence Network** and donated by **Gold Crest Security Services**, a **White Ribbon Ambassador for the Blacktown LGA**.
- MOU with **Family Planning NSW** to provide Doctor and Nurses clinics in- centre.
- A Service Agreement to provide access to our services and cross referral of clients by the **WASH House Staying Home Leaving Violence** workers at BWGHC.
- MOU with **Women's Legal Services NSW** who provide a Legal clinic for women and girls', focusing on family court matters specifically including domestic family and intimate partner violence.
- Service Agreement with the **Indigenous Women's Legal program** to provide an outreach worker to specifically service Indigenous women from the local area needing legal advice and referral.
- MOU with **Relationships Australia** who provide groups at our Centre for women who have or are experiencing Domestic Violence and other abuses.
- Service Agreement with the **Western Sydney Local Health District Early Childhood Nurses (Doonside Community Health Centre)** who provide an Early Childhood Clinic.
- Service Agreement with **Ros Leahy, Specialist Counsellor Victims of Crime funded by the Attorney General's Department** who works with victims accessing services at our Centre.
- Service Agreement with the **Australian Breastfeeding Association Blacktown Branch**, which meets at the Centre.



Yasmine Khan and Dixie Link-Gordon from the Indigenous Women's Legal Program with Mrs Chloe Shorten, Dr Olayide Ogunsiji of AWHASO and Executive Officer Jhan Leach.

- A relationship with the **National Share the Dignity Organisation** providing, a collection of donated sanitary and continence products for distribution to women and girls who are homeless or at risk of homelessness.
- A MOU with **Riverstone Neighbourhood Centre** to provide education, support and training to women and girls who have or who are experiencing Domestic Violence at their Centre and hosting of the NWS WDVCS servicing Windsor court.
- Agreement with **Oz Harvest** to provide fresh fruit, vegetables and other items as they become available, for collection by our disadvantaged clients.
- A relationship with **Leichhardt Women's Community Health Centre** to provide Specialist Outreach Counselling as part of the **Women Partners of Bisexual Men Service**.
- A Service Agreement with the **African Women's Health and Support Organisation (AWHASO)** who meet at our Centre to hold regular health promotion forums for women.
- A relationship with **Nova Disability Employment** providing a transition to work traineeship at the Centre to provide employment to women and girls.



Events

Community events provide a valuable opportunity for BWGHC to educate and raise public awareness of health issues, and advocate for women's interests in the community.

Participating in local community events also helps BWGHC gain insight into local issues, respond to local needs and develop and strengthen our interagency partnerships.

The following is a list of some of the community and interagency events which BWGHC participated in during this financial year:

- NAIDOC Celebrations, Ngallu Wal
- NAIDOC Celebrations, Riverstone Neighbourhood Centre
- Family Festival Day, Blacktown community organisations
- Blacktown Conference 2015 (Light at the end of the tunnel)
- Sydwest Family Fun Day
- DOMESTIC VIOLENCE Candlelight Vigils for
- International Day of Older Persons Expo
- Liverpool Women's Health Centre 40th Anniversary Dinner
- BWGHC Open Day
- Karabi Community Centre AGM
- Reclaim the Night, Blacktown ceremony
- White Ribbon: Wrap it White
- United Nations 16 Days Against Violence Against Women: Orange the World
- White Ribbon Events

"It was great to see you at the Family Fun Day! I never knew we had such an amazing organisation in our own backyard." Miranda

- One Billion Rising (City & Parramatta)
- Lodge Alpha Dinner
- Annual Women's Health Conference
- IWD Blacktown (Community) Health talk on Cervical screening and BWGHC services, Sydwest
- International Women's Day event, Sydwest and Blacktown local organisations
- International Women's Day, Blacktown Council
- AWHASO Health Forums
- Parenting and Wellness Program with Blacktown Hospital
- Women's Health NSW Health Summit
- Sorry Day Candlelight Vigil, Blacktown
- Blacktown Festival
- Say No To Domestic Violence Charity Race Day 2016



Deb, Elisha and Janet having fun at the Centre's 2015 Open Day.

Our Donors and Sponsors



2015/2016 - Donations from Individuals and Organisations

We are thankfully indebted to our Major Donors and Sponsors:

- Blacktown Police Local Area Command
- Blacktown RSL Club
- Blacktown Workers Club
- Gold Crest Security
- Hawkesbury Race Club
- Lander Toyota Blacktown

Grateful thanks to our generous donors, including those who have made private and anonymous donations of goods and services:

- Rosanna Armitage
- Sam Azar
- Sarah Basili
- Big W Westpoint Blacktown
- Bunnings Blacktown Superstore
- Coles Westpoint Blacktown
- Constable Jenah Butler
- Peter Falk OAM
- Kings Langley Child Care Centre
- Alexandra Lawton
- Lalor Park Waratah Slimmers
- Ros Leahy and Geoffrey Judd
- Lodge Alpha Blacktown
- Jacqueline Madden
- Masonicare
- Lynn Muir
- Order of the Eastern Star (Lodge Alpha)
- Outback Steakhouse Parklea
- Lisa Petrucelli
- Jani and Paul Said
- Share The Dignity NSW/ACT
- Two Good Co
- Universal Pictures International Australasia
- Catherine Walker, Naturocath Naturopathy
- Wet 'N' Wild Blacktown
- Woolworths Westpoint Blacktown
- Zonta Club of Cumberland West



Our Executive Officer Jhan Leach receiving the Heart of the Community Award from Clubs NSW and the Chairperson Kay Kelly and staff of the Blacktown Workers Club who nominated her at the Hall of Industry Gala night.



2015 White Ribbon Newcastle to Blacktown Cycle Ride participant Kirrily Dear came to support the Centre's fundraising efforts at Westpoint, Blacktown.

BWGHC would like to thank **Blacktown Worker's Club, the Blacktown RSL** and other clubs participating in the **Blacktown City ClubGRANTS** for awarding BWGHC with a 2015 ClubGRANT.

BWGHC would also like to thank our sister services **Richmond Women's Cottage** and the **WASH House** for their support throughout the year.

These services have partnered with BWGHC to deliver important services and to engage in joint fundraising activities to benefit local women and girls.



Funders and Other Partners



Thank you to all our partners and funders for your collaboration and support during the financial year 2015-2016

Blacktown Women's and Girls' Health Centre is a member of Women's Health NSW. We are primarily funded by NSW Ministry of Health and Legal Aid NSW.



TOYOTA

LANDER TOYOTA

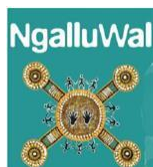


NSW GOVERNMENT

Health



LALOR PARK WARATAH
SLIMMERS CLUB



Acknowledging Our Community



BWGHC loves to work co-operatively with individuals, other organisations and agencies to improve the services we offer our clients. Together, we make a community of support! With thanks:

- ACT For Kids
- Acute Care Mental Health Team (Blacktown Hospital)
- Aftercare Mental Health Services
- Alice's Cottages
- Blacktown Area Community Centres
- Blacktown City Council
- Blacktown Boys' High School
- Blacktown Girls' High School
- Blacktown Hospital Forensics Unit
- Blacktown Hospital Midwifery Department
- Blacktown Hospital Women's Health Clinics
- Blacktown Hospital Social Work Department
- Blacktown Lesbian Information and Support Service (BLISS)
- Blacktown North Public School
- Blacktown Police LAC and DVLOs
- Blacktown Pride In Diversity Network
- Bridges Alcohol and Drug Counselling Service
- Brighter Futures Blacktown/Baulkham Hills
- CALD Women's Health Groups (NSW Department of Health)
- CatholicCare Social Services
- Charmian Clift Cottages
- Community Resource Network (CRN) Inc
- Domestic Violence Services NSW (women's refuges)
- Doonside Community Health team
- Family Planning NSW
- Family Referral Service
- Harman Foundation
- Hawkesbury Race Club - Say No to Violence Against Women Race Day Event
- Headspace
- Hon John Robertson MP
- Hon Michelle Rowland MP
- Immigrant Women's Speakout
- Indigenous Women's Legal Program
- Junaya Family Development Services
- Karabi Youth Services
- Lalor Park Public School
- LGBTI Health Alliance
- Mackillop Family Services
- Marist Youth Services
- Mission Australia
- Mr Steven Bali the Mayor of Blacktown
- Multicultural HIV and Hepatitis Service (NSW Health)
- Ngallu Wal Aboriginal Child & Family Centre
- Nova Employment
- NSW Department of FACS
- NSW Department of Health
- NSW Department of Juvenile Justice
- NSW Refugee Health
- Outer Western Domestic Violence Network
- PACS Blacktown Adolescent and Family Counselling
- Pecky's Disability Services (Blacktown)
- Police Citizens Youth Clubs
- Quakers Hill Police LAC and DVLOs
- Richmond Partners In Recovery
- Riverstone Neighbourhood Centre
- Rosie's Place (women's refuge)
- Share The Dignity (NSW/ACT)
- STARTTS Refugee Services
- Staying Home Leaving Violence (the WASH House)
- SydWest Multicultural Services
- The Australian College of Applied Psychology
- The Coreen School Blacktown
- The University of Sydney
- The Western Sydney University
- Transcultural Mental Health team
- Tri-Community Exchange
- Wesley Mission
- West Connect Domestic Violence Services (women's refuges)
- White Ribbon Australia
- Women's Assistance and Self Help (WASH) House
- Women's Legal Services NSW
- Women Partners of Bisexual Men Service
- Zonta Club of Cumberland West



The Centre strives to provide a diverse and challenging experience for students attending for work experience and placement. Here Gabrielle Lawson recalls her time at the Centre:

A Taste of Social Work in Blacktown

By: Gabrielle Lawson



What exactly is social work? It is an industry that carries with it many connotations, some of heroism and others of negligence. To be honest with you, I was unsure of what social work looked like until the third year of my social work degree. Having finished my placement at the Blacktown Women's and Girls' Health Centre, I have been both inspired by the work that is done and also frustrated with the lack of funding the Centre receives.

The Centre offers a range of services including counselling and case management, exercise and art therapy programs. It also works with outreach services like Family Planning NSW, who provide a female nurse and doctor for clients every week. The Centre also auspices the North West Sydney Women's Domestic Violence Court Advocacy Service which supports up to 500 women each month going through the court system.

I was lucky enough to attend Blacktown Local Court with the BWGHC staff and observe the work that is done to support women seeking Apprehended Violence Orders and other legal aid. It was the first time during my placement where I was confronted by women crying in front of me. One of the things I have learned is that you have to constantly climb over your comfort zone because that is how you reach the people who need you.

During my placement, I offered to update the Centre's Referral and Information Guide. As a local resident of Blacktown, I was not aware of more than half of the organisations listed which made me question how many other people in our community need services they don't even know are around the corner from where they live? Organisations need to promote their services so that people are aware of their options and are empowered to seek the help they need.

I participated in many community events including the Blacktown City Festival and a candle light vigil for National Sorry Day. I learned how difficult it can be to collaborate with other agencies, especially when they have their own agendas to meet. Overall, I found that the best way to overcome these challenges is to remember that it is the community you are working for and that it is their needs and wants that should be represented.



One of the most surprising things about my placement was the community support. The Waratah Slimmer's Club, a local exercise group, fundraised \$1,000 for the Centre. It was inspiring to see the lengths that local residents go to ensure that community organisations continue their work.

So what exactly is social work? It is more than phone calls and endless paperwork. It is more than meetings and home visits. Social work encompasses many different methods. It may involve walking in a local parade against domestic violence. It may include fundraising so that a family in need has food to survive.

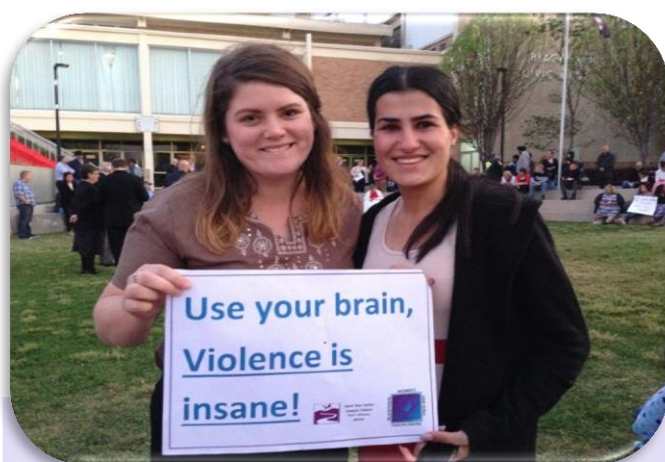
Social work is about striving for social justice and human rights for all people. You have to start where the people are, and join them on the journey upward.



Emily, Sophie, Sharon, Orlando, Christine and Bercem unloading the Oz Harvest delivery at BWGHC.



Placement students Yao Yao and Aya were among the team who helped organise a wonderful 2015 Open Day for the Centre.



Elisha and Janelle during a Vigil for a local woman, protested against Domestic Violence on the Blacktown Village Green.

Thank you, Students

Work Experience:

- Bercem Demir (St Andrews College, via SIP)
- Morgan Edmunds (Wyndham College, via SIP)
- Veruska Pather (Blacktown Girls' High School)
- Yasmine Sawaqed (Nagle College, via SIP)

Community Services (TAFE):

- Bianca Pomponio (WSI Nirimba TAFE)
- Asha Prasad (WSI Nirimba TAFE)

Art Therapy:

- Ghida El Lahib (WSU)
- Karen Fernando (WSU)
- Karen McKinlay (WSU)
- Joy Patton (WSU)
- Skye Taylor (WSU)

Counselling:

- Bianca Bartolini (ACAP)
- Louise Buzacott (ACAP)
- Yao Yao Kuang Chen (ACAP)
- Neda B Hossein (ACAP)
- Sophie De Vries (ACAP)

Counselling:

- Rita McKerrell (ACAP)
- Judy Medway (ACAP)
- Denise Smith (ACAP)
- Vasilica Vlad (ACAP)

Social Work:

- Miranda Dunstan (WSU)
- Muna Hanna (WSU)
- Eleisha Krix (USYD)
- Gabrielle Lawson (WSU)
- Sharon Mapendere (USYD)
- Janelle Massih (USYD)
- Emily Mendoza (WSU)
- Belinda Ryes-Corral (USYD)
- Aya Sukkarieh (USYD)
- Hannah Tompkins (USYD)

KEY

ACAP – The Australian College of Applied Psychology

SIP – The School Industry Partnership

USYD – The University of Sydney

WSI – The Western Sydney Institute

WSU – The Western Sydney University

Financial Statements

Blacktown Women's and Girls' Health Centre Inc

ABN 98 059 698 895

For the Year Ended 30 June 2016

Profit and Loss Account

Income	2016	2015
	\$	\$
Sale of goods	3,262	5,091
Fees	8,259	12,783
Interest income	3,429	6,735
Dividend income	321	321
Grants	885,988	526,030
Donations	64,047	334
Sundry income	-	1,181
Other revenue	22,804	5,650
Total income	988,110	558,125
Less: expenses		
Accounting fees	160	-
Advertising	3,571	2,417
Staff	3,312	2,433
Assessment rates & municipal charges	1,116	1,136
Auditors remuneration	3,800	3,500
Bank charges	386	349
Cleaning	3,450	2,276
Fees and permits	8,713	3,575
Project management fee	7,282	-
Depreciation	2,777	2,048
Electricity & water	5,576	1,545
Equipment < \$5000	14,129	13,634
Rent & hire	13,673	-
Insurance	-	3,188
Leave pay	28,524	21,994
Medical expenses	7,349	8,439
Motor vehicle expenses	3,355	5,411
Office equipment	4,000	5,048
Other employee costs	751	-
Other expenses	2,666	6,545
Placement fees	3,645	8,185
Postage	1,233	287
Printing and stationery	8,458	4,485
Repairs and maintenance	25,369	21,353
Salaries	720,347	381,640
Security	1,591	972
Staff training	11,104	10,891
Subscriptions	3,536	2,594
Sundry expenses	12,495	5,900
Superannuation contributions	61,204	29,874
Telephone and fax	12,999	6,407
Training	3,162	-
Travel - local	5,249	1,802
Workers compensation	3,796	-
Total Expenses	988,805	557,928
Other Items:		
Surplus/(deficit)	(695)	197

NOTES

^{1&3}Keynan, M., Hossain, M., & Hughes, R. 2013, *Blacktown LGA Community Health Needs Assessment Project Report*, Western Sydney Local Health District, Sydney.

².id, the population experts, 2011, 'Community Profile: Blacktown City', compiled from 2006 and 2011 Census Data, accessed via: <http://profile.id.com.au/blacktown/>

*Names changed to protect client privacy. Client comments from BWGHC Client Surveys 2015/16 FY.



Blacktown Women's and Girls' Health Centre Inc. Annual Report for the 2014/15 Financial Year

Blacktown Women's and Girls' Health Centre Inc. (BWGHC) is a Public Benevolent Institution with DGR Status. Donations of \$2 and above are tax deductible

BWGHC is funded by NSW Health, administered by Western Sydney Local Health District and Legal Aid NSW.

Our Peak Body is Women's Health NSW.

BWGHC is accredited at Certificate Level of the Australian Service Excellence Standards (ASES)

We are accountable to the Australian Charities and Not-for-profit Commission (ACNC) and NSW Fair Trading. The Centre holds NSW Authority to fundraise: CFN/23808.

Contact Us:

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E: info@womensandgirls.org.au

W: www.womensandgirls.org.au



BWGHC is on Facebook

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