



Blacktown Women's and Girls' Health Centre

6 Prince Street, Blacktown NSW 2148 | P: 02 9831 2070 | F: 02 9831 2344

E: info@womensandgirls.org.au | W: www.womensandgirls.org.au

Dance, Stretch and Tone

Fridays 12pm—1pm



A class for all women of all ages and nationalities. Jrisi is an internationally trained and award winning choreographer with a Bachelor of Arts degree with a unique approach for non dancers to feel at ease and enjoy an hour of fun and laughter.

No experience needed, come join the fun!

Please call Reception on **9831 2070** to book your spot

Please Note: There is no onsite parking for clients or visitors.