



Blacktown Women's and Girls' Health Centre

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Live Freely, Live Fully - Take control of **INCONTINENCE**

Tuesday 16th September

11:00 am

The EP Clinic

will be attending our centre to run a very
important Seminar.

Topics of information that will be shared:

- * Anatomy of the Pelvic floor and Muscles
- * Risk Factors
- * Pressure Management
- * Common Conditions and symptoms
- * Exercises to assist



Please Call reception on 9831 2070, to book your spot

Please Note: There is no onsite parking for clients or visitors.