



Blacktown Women's and Girls' Health Centre

6 Prince Street, Blacktown NSW 2148 | P: 02 9831 2070 | F: 02 9831 2344

E: info@womensandgirls.org.au | W: www.womensandgirls.org.au

Arthritis Information

At Blacktown Women's and Girls' Health Centre

Monday, 16th February 2026, 10:00am



We are very fortunate to be hosting a retired Registered Nurse to share information regarding Arthritis

Symptoms

Risk Factors

Treatment

This will be shared by a Male Speaker

Arthritis is a general term for more than 100 conditions that cause inflammation, pain, and stiffness in the joints. It affects people of all ages, including children, but is most prevalent in adults over 50 and is a leading cause of disability.

Please ring our reception on 9831 2070 to book your spot

Please Note: There is no onsite parking for clients or visitors on site